

DEVOTIONAL & STUDY GUIDE

*The Way
of Peace*

SEPTEMBER 30 - NOVEMBER 20
2020

About This Workbook

This workbook is designed for members of Christ's Center Church for the fall season of 2020. It will serve as a companion to our journey on The Way of Peace, bringing together themes from our sermon series, our home group study, and our daily devotional devotions.

Our daily devotions (we'll call them "Offices") will begin every morning with two minutes of silence before God, and will then go on to feature scriptures from the theme of the week. We will interact with these scriptures by utilizing what's known as The S.W.O.R.D. Drill.*

What is The S.W.O.R.D. Drill?

The S.W.O.R.D. drill is a device for studying the Bible and incorporating it into our soul where it can be readily drawn upon when needed. This process involves the supernatural power of God's Word reaching our heart as opposed to simply floating as head knowledge. This practical tool can be used by anyone. The five steps are defined by the acronym S.W.O.R.D.

- S** - *Scripture* Read the **SCRIPTURE**. Then read it again, only slower. Don't rush through any of it. Let the words sink in. Then, write the verse out. Or if it's too long, write out the part that speaks to you the most.
- W** - *Wait* Read the passage a third time, then **WAIT**. Give your mind and your heart some space to process. What words seem most important to you in this moment? Write those down. Are there any parts that seem to be jumping off the page? Write those down, too.
- O** - *Observe* Okay, now it's time to pay attention not only the words themselves, but to how they are affecting your heart. Ask yourself, "where am I in these scriptures? Where am I in these words?" Can you **OBSERVE** what your heart is doing? Do these words make you anxious? Do they excite you? Are you uncomfortable as you read them? Write down these observations. Be honest with yourself.
- R** - *Request* Now that you've noticed what your heart is doing, it's time to invite the Holy Spirit to help you understand. It's time to **REQUEST** His input; His direction. What is He saying to you? Remember that we are not studying the Bible as if it were a textbook. You are asking for spiritual direction – and letting the Spirit of God, and the Word of God, lead you. So take a few moments and write down how you feel Him leading you.
- D** - *Dedicate* Based on what you've been reading and sensing, **DEDICATE** yourself to following where God is leading. Write down a prayer, or a response to His words. This is about taking action on what God has revealed to you through His Word.

*(The S.W.O.R.D. Drill from Conquer Series Journal: Learn more about the Conquer Series Journal today @ conquerseries.com)

Morning and Afternoon / Evening Offices

We believe the Morning Office is essential for us in order to set the tone for our day with the Lord. But we have also included instructions for a second office in the afternoon or evening. Why a second office? Because talking with God once a day is simply not enough. It simply won't do just to set our eyes on Him one time. Our desire is to have Him walk WITH us throughout our day. We want to remember His presence, and to recognize His leadings as we go to work, go to school, raise our kids, and eat our food. This is what it means to "pray at all times." (Ephesians 6:18).

You'll notice our evening offices will be simple. Some days, we'll reflect again on the scripture we used for the morning SWORD Drill, and pray through the Dedication we made. As we progress through the weeks, however, we'll practice other spiritual disciplines: things like lament and gratitude, intercession for our community, and something called the Prayer of Examen. We invite you to "mix it up" along with us for these morning and evening sessions. Try them at different times and different places. Find new ways and new environments to meet with God.

Home Groups

Your home groups will be meeting every week throughout this time, of course. Please be sure to bring this workbook along with a paper bible and a pen. We want to ask you to make a real priority to meet during these 8 weeks. We believe this as a very important season for our entire congregation as we draw close to God and to one another. So please make every effort to be there, and to share your life with the others in your group.

Sunday Sermons

Our weekly themes will begin with the Sunday Sermon. Every week, either Pastor Joshua or Pastor Jason will introduce a new theme beginning with Silence & Solitude on week 1, Sept 27. If you cannot make it to church on Sunday, we strongly encourage you to watch the sermon online. They will be posted on our website.

Notes, Journaling and Bibles

We have left room in this workbook for sermon notes and for journaling at the end of every week. Journaling is a wonderful practice that many people already take advantage of. You might already have a journal that you prefer. If so, please, continue to use whatever is working for you. But we want to encourage you to use a paper bible if at all possible. Why? Because our phones are not at all conducive to the practices we are trying to develop in our lives. It's hard to be silent, meditative, and to set our mind on things above while our notifications are dinging, and where every distraction on the planet is just a swipe away. So please, grab a physical bible. The version doesn't matter very much.

Sunday Sermons

Remember, we are hoping to journey TOGETHER as a church. So if you do get behind, don't get down on yourself. Don't try to do three SWORD drills in a single morning. Just go to the day that everyone else is on and pick up there.

Ready to dive in? We are, too. Let's do it!

Morning Office

Monday, Week 1

Start with 2 minutes of silence and stillness before God

S.W.O.R.D. Drill (You'll do this every morning. You can find the instructions in the introduction)
Psalm 5:3 In the morning, Lord, you hear my voice; in the morning I lay my requests before you and wait expectantly.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Take a few minutes to quiet your heart before the Lord. Revisit today's Dedication (above). Pray it through again, and thank God for hearing you.

Morning Office

Tuesday, Week 1

Start with 2 minutes of silence and stillness before God

1Kings 19:11-12 Then He said, "Go out, and stand on the mountain before the Lord." And behold, the Lord passed by, and a great and strong wind tore into the mountains and broke the rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a still small voice.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Take a few minutes to quiet your heart before the Lord. Revisit today's Dedication (above). Pray it through again, and thank God for hearing you.

Morning Office

Wednesday, Week 1

Start with 2 minutes of silence and stillness before God

Zephaniah 3:17 The Lord your God is in your midst, a mighty one who will save; he will rejoice over you with gladness; he will quiet you by his love; he will exult over you with loud singing.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Take a few minutes to quiet your heart before the Lord. Revisit today's Dedication (above). Pray it through again, and thank God for hearing you.

Home Group Meeting

Wait to do this page until you meet with your home group

Commitment:

I will make my very best effort to engage both with these weekly groups, and with these daily materials. I will aim to be a good listener, and a good learner. I will be honest and compassionate, both to others and to myself, so that we can grow in Christ together over these next 8 weeks. And if I am unable to attend the meeting, I will call my group leader (not text) ahead of time.

Do this sword drill together as a group.

Psalm 16:8 I keep my eyes always on the Lord. With him at my right hand, I will not be shaken.

Scripture

Wait

Observe

Request

Dedicate

Morning Office

Thursday, Week 1

Start with 2 minutes of silence and stillness before God

Psalm 46:10 Cease striving and know that I am God; I will be exalted among the nations, I will be exalted in the earth.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Take a few minutes to quiet your heart before the Lord. Revisit today's Dedication (above). Pray it through again, and thank God for hearing you.

Morning Office

Friday, Week 1

Start with 2 minutes of silence and stillness before God

Psalm 131:1-2 My heart is not proud, Lord, my eyes are not haughty; I do not concern myself with great matters or things too wonderful for me. But I have calmed and quieted myself, I am like a weaned child with its mother; like a weaned child I am content.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Take a few minutes to quiet your heart before the Lord. Revisit today's Dedication (above). Pray it through again, and thank God for hearing you.

Morning Office

Saturday, Week 1

Start with 2 minutes of silence and stillness before God

Psalm 130:5 *I wait for the Lord, my whole being waits, and in his word I put my hope.*

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Take a few minutes to quiet your heart before the Lord. Revisit today's Dedication (above). Pray it through again, and thank God for hearing you.

Morning Office

Monday, Week 2

Start with 2 minutes of silence and stillness before God

Psalm 1:1-3 Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Go to a quiet place, if you can find one, and take a few minutes to meditate on the goodness of God. How has He been good to you today?

Morning Office

Tuesday, Week 2

Start with 2 minutes of silence and stillness before God

Romans 12:2 Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Go to a quiet place, if you can find one, and take a few minutes to meditate on the goodness of God. How has He been good to you today?

Morning Office

Wednesday, Week 2

Start with 2 minutes of silence and stillness before God

Joshua 1:8 Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Take a few minutes to quiet your heart before the Lord. Revisit today's Dedication (above). Pray it through again, and thank God for hearing you.

Home Group Meeting

Wait to do this page until you meet with your home group

Psalm 104:34 May my meditation be pleasing to him, for I rejoice in the LORD.

Scripture

Wait

Observe

Request

Dedicate

Notes for Prayer of Examen exercise:

Prayer of Examen:

Review your day and ask:

- When did I sense the Lord's presence today?
- Is there any place where I *missed it*?
- Where did I feel I the joy of the Lord?

Then, thank God for His presence, and ask Him to be with you the next day.

Morning Office

Thursday, Week 2

Start with 2 minutes of silence and stillness before God

Philippians 4:8 Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen (see previous page)

Morning Office

Friday, Week 2

Start with 2 minutes of silence and stillness before God

*Psalm 4:3-4 But know that the Lord has set apart for Himself him who is godly; The Lord will hear when I call to Him. Be angry, and do not sin.
Meditate within your heart on your bed, and be still.*

Scripture

Wait

Observe

Request

Dedicate

**Evening
Office**

Before you go to bed, pray the Prayer of Examen

Morning Office

Saturday, Week 2

Start with 2 minutes of silence and stillness before God

Psalm 19:14 May these words of my mouth and this meditation of my heart be pleasing in your sight, LORD, my Rock and my Redeemer.

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Monday, Week 3

Start with 2 minutes of silence and stillness before God

Jeremiah 6:16 Thus says the Lord: 'Stand by the roads, and look, and ask for the ancient paths, where the good way is; and walk in it, and find rest for your souls.'

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Tuesday, Week 3

Start with 2 minutes of silence and stillness before God

Exodus 14:14 The LORD will fight for you; you need only to be still.

Scripture

Wait

Observe

Request

Dedicate

**Evening
Office**

Before you go to bed, pray the Prayer of Examen

Morning Office

Wednesday, Week 3

Start with 2 minutes of silence and stillness before God

Isaiah 30:15 For thus said the Lord God, the Holy One of Israel,
"In returning and rest you shall be saved;
in quietness and in trust shall be your strength.

Scripture

Wait

Observe

Request

Dedicate

**Evening
Office**

Before you go to bed, pray the Prayer of Examen

Home Group Meeting

Wait to do this page until you meet with your home group

Questions for Discussion

What is your relationship with REST like today? Has it always been this way?

For those who find rest difficult: Why is it so hard?

List some activities that add life and rest to your soul: (Things that give you joy & peace)

List some activities that are a drain to your soul: (Things that take away joy & peace)

Video Notes:

Sabbath: My plan:

Morning Office

Thursday, Week 3

Start with 2 minutes of silence and stillness before God

Isaiah 56:1-2 Thus says the Lord: "Keep justice, and do righteousness, for soon my salvation will come, and my deliverance be revealed. Blessed is the man who does this, and the son of man who holds it fast, who keeps the Sabbath, not profaning it, and keeps his hand from doing any evil."

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Friday, Week 3

Start with 2 minutes of silence and stillness before God

Gen 2:1-3 Thus the heavens and the earth were finished, and all the host of them. And on the seventh day God finished his work that he had done, and he rested on the seventh day from all his work that he had done. So God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation.

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Saturday, Week 3

Start with 2 minutes of silence and stillness before God

Hebrews 4:9-11 So then, there remains a Sabbath rest for the people of God, for whoever has entered God's rest has also rested from his works as God did from his. Let us therefore strive to enter that rest, so that no one may fall by the same sort of disobedience.

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Monday, Week 4

Start with 2 minutes of silence and stillness before God

Phil 4:12-13 I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength.

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Tuesday, Week 4

Start with 2 minutes of silence and stillness before God

1Tim 6:6-8 Now godliness with contentment is great gain. For we brought nothing into this world, and it is certain we can carry nothing out. And having food and clothing, with these we shall be content.

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Wednesday, Week 4

Start with 2 minutes of silence and stillness before God

Heb. 12:28-29 "Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, for our "God is a consuming fire."

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Go to a quiet place, if you can find one, and take a few minutes to meditate on the goodness of God. How has He been good to you today?

Home Group Meeting

Wait to do this page until you meet with your home group

Romans 1:21-22 ...Although they knew God, they did not glorify Him as God, nor were thankful, but became futile in their thoughts, and their foolish hearts were darkened. Professing to be wise, they became fools.

Scripture

Wait

Observe

Request

Dedicate

Things I'm lamenting today:

Things I'm praising God for today;

Morning Office

Thursday, Week 4

Start with 2 minutes of silence and stillness before God

Phil 4:6-7 Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Friday, Week 4

Start with 2 minutes of silence and stillness before God

1Thes 5:16-18 Rejoice always, pray without ceasing, in everything give thanks; for this is the will of God in Christ Jesus for you.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening
Office**

Take some time to lament and give thanks: Write down things you are crying out to God about, and then list reasons you are grateful to Him anyway.

Morning Office

Saturday, Week 4

Start with 2 minutes of silence and stillness before God

Colossians 3:15-16 *And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God.*

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Monday, Week 5

Start with 2 minutes of silence and stillness before God

Eph 4:23-25 ...Be renewed in the spirit of your mind, and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth. Therefore, laying aside falsehood, speak truth each one of you with his neighbor, for we are members of one another.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Go to a quiet place, if you can find one, and take a few minutes to meditate on the goodness of God. How has He been good to you today?

Morning Office

Tuesday, Week 5

Start with 2 minutes of silence and stillness before God

Hebrews 10:23-25 Let us hold fast the confession of our hope without wavering, for He who promised is faithful; and let us consider how to stimulate one another to love and good deeds, not forsaking our own assembling together, as is the habit of some, but encouraging one another; and all the more as you see the day drawing near.

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Wednesday, Week 5

Start with 2 minutes of silence and stillness before God

John 17:20-23 I do not ask on behalf of these alone, but for those also who believe in Me through their word; that they may all be one; even as You, Father, are in Me and I in You, that they also may be in us, so that the world may believe that You sent Me. The glory which You have given Me I have given to them, that they may be one, just as We are one; I in them and You in Me, that they may be perfected in unity, so that the world may know that You sent Me, and loved them, even as You have loved Me.

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Home Group Meeting

Wait to do this page until you meet with your home group

Video Notes

Discussion

Questions for discussion:

How willing am I to seek out input from others in my spiritual walk?

Am I a "spiritual loner?"

People say "faith is a personal thing." Is this true?

Who do I confess my dreams and promises to? Who do I confess my sins to?

Morning Office

Thursday, Week 5

Start with 2 minutes of silence and stillness before God

James 5:13-16. Is anyone among you suffering? Then he must pray. Is anyone cheerful? He is to sing praises. Is anyone among you sick? Then he must call for the elders of the church and they are to pray over him, anointing him with oil in the name of the Lord; and the prayer offered in faith will restore the one who is sick, and the Lord will raise him up, and if he has committed sins, they will be forgiven him. Therefore, confess your sins to one another, and pray for one another so that you may be healed. The effective prayer of a righteous man can accomplish much.

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Friday, Week 5

Start with 2 minutes of silence and stillness before God

1 Cor 12:24-27 God has so composed the body, giving more abundant honor to that member which lacked, so that there may be no division in the body, but that the members may have the same care for one another. And if one member suffers, all the members suffer with it; if one member is honored, all the members rejoice with it. Now you are Christ's body, and individually members of it.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Take a few minutes to quiet your heart before the Lord. Revisit today's Dedication (above). Pray it through again, and thank God for hearing you.

Morning Office

Saturday, Week 5

Start with 2 minutes of silence and stillness before God

John 13:34-35 A new commandment I give to you, that you love one another, even as I have loved you, that you also love one another. By this all men will know that you are My disciples, if you have love for one another."

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening
Office**

Take some time to lament and give thanks: Write down things you are crying out to God about, and then list reasons you are grateful to Him anyway.

Morning Office

Monday, Week 6

Start with 2 minutes of silence and stillness before God

*Psalm 20:4-5. May He grant you your heart's desire and fulfill all your counsel!
We will sing for joy over your victory,
And in the name of our God we will set up our banners.
May the Lord fulfill all your petitions.*

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening
Office**

Take some time to lament and give thanks: Write down things you are crying out to God about, and then list reasons you are grateful to Him anyway.

Morning Office

Tuesday, Week 6

Start with 2 minutes of silence and stillness before God

Psalm 34:3 O magnify the Lord with me, and let us exalt His name together.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Go to a quiet place, if you can find one, and take a few minutes to meditate on the goodness of God. How has He been good to you today?

Morning Office

Wednesday, Week 6

Start with 2 minutes of silence and stillness before God

Matthew 18:20 For where two or three are gathered in my name, there am I among them."

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening
Office**

Take some time to lament and give thanks: Write down things you are crying out to God about, and then list reasons you are grateful to Him anyway.

Home Group Meeting

Wait to do this page until you meet with your home group

Questions for discussion:

Are you good at celebrating, or is it a challenge for you?

Think about a Christian in your life who celebrates well. Someone who exudes joy.

- What affect does that person have on you?
- What affect does he or she have on the world?

How can exercising "casual hospitality" foster an atmosphere of celebration in our community?

Video Notes:

Practicing Encouragement

Over the next three days, we will be practicing encouragement by choosing three people in our lives to encourage. It might seem random. It might feel awkward and "out of the blue. But it will bless them.

Morning Office

Thursday, Week 6

Start with 2 minutes of silence and stillness before God

1Cor 14:26 What then, brothers? When you come together, each one has a hymn, a lesson, a revelation, a tongue, or an interpretation. Let all things be done for building up.

Scripture

Wait

Observe

Request

Dedicate

Special Assignment: Who can you encourage today? Pick someone from our congregation. What is something you appreciate about that person? When and how will you tell them?

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Friday, Week 6

Start with 2 minutes of silence and stillness before God

Gal 6:2,10 Bear one another's burdens, and thereby fulfill the law of Christ... So then, while we have opportunity, let us do good to all people, and especially to those who are of the household of the faith.

Scripture

Wait

Observe

Request

Dedicate

Special Assignment: Let's encourage someone else today. This time, choose someone who is NOT a part of our congregation. What is something you appreciate about that person? When and how will you tell them?

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Saturday, Week 6

Start with 2 minutes of silence and stillness before God

1 Thes 3:12-13 And may the Lord cause you to increase and abound in love for one another, and for all people, just as we also do for you; so that He may establish your hearts without blame in holiness before our God and Father at the coming of our Lord Jesus with all His saints.

Scripture

Wait

Observe

Request

Dedicate

Special Assignment: Today, let's encourage someone who has blessed your life in the past, but who you haven't seen in a long time. Maybe there's an old friend or an old teacher on Facebook? Write something you appreciate about that person. When and how can you tell them?

**Afternoon /
Evening Office**

Go to a quiet place, if you can find one, and take a few minutes to meditate on the goodness of God. How has He been good to you today?

Morning Office

Monday, Week 7

Start with 2 minutes of silence and stillness before God

1Tim 2:1-4. First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way. This is good, and it is pleasing in the sight of God our Savior, who desires all people to be saved and to come to the knowledge of the truth.

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Tuesday, Week 7

Start with 2 minutes of silence and stillness before God

Matthew 5:9 *Blessed are the peacemakers, for they shall be called sons of God.*

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Go to a quiet place, if you can find one, and take a few minutes to meditate on the goodness of God. How has He been good to you today?

Morning Office

Wednesday, Week 7

Start with 2 minutes of silence and stillness before God

Colossians 4:5-6 Walk in wisdom toward outsiders, making the best use of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer each person.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening
Office**

Take some time to lament and give thanks: Write down things you are crying out to God about, and then list reasons you are grateful to Him anyway.

Home Group Meeting

Wait to do this page until you meet with your home group

Sword Drill

Proverbs 12:18 "The words of the reckless pierce like swords; but the tongue of the wise brings healing."

Scripture

Wait

Observe

Request

Dedicate

Video Notes:

Morning Office

Thursday, Week 7

Start with 2 minutes of silence and stillness before God

James 1:19-20. Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; for the anger of man does not produce the righteousness of God.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening Office**

Take some time to pray on behalf of your community. Focus on a place of brokenness, or a group that needs heaven's breakthrough. Ask God to bring SHALOM to them.

Morning Office

Friday, Week 7

Start with 2 minutes of silence and stillness before God

Prov 31:8-9. Open your mouth for the speechless, In the cause of all who are appointed to die. Open your mouth, judge righteously, And plead the cause of the poor and needy.

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening
Office**

Take some time to lament and give thanks: Write down things you are crying out to God about, and then list reasons you are grateful to Him anyway.

Morning Office

Saturday, Week 7

Start with 2 minutes of silence and stillness before God

Psalm 82:3-4 Defend the poor and fatherless; Do justice to the afflicted and needy. Deliver the poor and needy; Free them from the hand of the wicked.

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Monday, Week 8

Start with 2 minutes of silence and stillness before God

Micah 6:8 He has shown you, O man, what is good; And what does the Lord require of you but to do justly, to love mercy, and to walk humbly with your God?

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening
Office**

Take some time to lament and give thanks: Write down things you are crying out to God about, and then list reasons you are grateful to Him anyway.

Morning Office

Tuesday, Week 8

Start with 2 minutes of silence and stillness before God

Romans 12:17-20. Repay no one evil for evil. Have regard for good things in the sight of all men. If it is possible, as much as depends on you, live peaceably with all men. Beloved, do not avenge yourselves, but rather give place to wrath; for it is written, "Vengeance is Mine, I will repay," says the Lord."

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Wednesday, Week 8

Start with 2 minutes of silence and stillness before God

Hebrews 12:14-15. Pursue peace with all people, and holiness, without which no one will see the Lord: looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled."

Scripture

Wait

Observe

Request

Dedicate

**Afternoon /
Evening
Office**

Take some time to lament and give thanks: Write down things you are crying out to God about, and then list reasons you are grateful to Him anyway.

Home Group Meeting

Wait to do this page until you meet with your home group

Video Notes:

Looking Back

Questions for discussion:

In what ways have you grown in Christ over the last 8 weeks?

What new "practices" have you found to be most helpful?

What practices do you plan on continuing now that the groups are ending?

Morning Office

Thursday, Week 8

Start with 2 minutes of silence and stillness before God

2Cor 5:17-19 Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new. Now all things are of God, who has reconciled us to Himself through Jesus Christ, and has given us the ministry of reconciliation, that is, that God was in Christ reconciling the world to Himself, not imputing their trespasses to them, and has committed to us the word of reconciliation.

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Friday, Week 8

Start with 2 minutes of silence and stillness before God

Col. 1:21-23. And you, who once were alienated and enemies in your mind by wicked works, yet now He has reconciled in the body of His flesh through death, to present you holy, and blameless, and above reproach in His sight– if indeed you continue in the faith, grounded and steadfast, and are not moved away from the hope of the gospel which you heard, which was preached to every creature under heaven,

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

Morning Office

Saturday, Week 8

Start with 2 minutes of silence and stillness before God

1John 4:20-21 If someone says, "I love God," and hates his brother, he is a liar; for he who does not love his brother whom he has seen, how can he love God whom he has not seen? And this commandment we have from Him: that he who loves God must love his brother also.

Scripture

Wait

Observe

Request

Dedicate

Evening Office

Before you go to bed, pray the Prayer of Examen

